

ESSA SUMMER OPEN CHAMPIONSHIPS

ESSA SUMMER OPEN (INDIVIDUAL) CHAMPIONSHIPS 2024

ESSA are holding their 4th Summer Open Championships.
It is open to all swimmers from 9 years old, including para swimmers.

- Entry deadline - entries will be accepted up to 10th May where space permits (but don't leave it to the last minute – entries accepted as 'first-come-first-served')

Licensed by Swim England at Level 3 (3SE240342) – **Long Course**

When: Saturday 22nd & Sunday 23rd June 2024

Where: K2 Leisure Centre, Crawley, RH11 9BQ

Age Groups: 9/10, 11/12, 13/14, 15 and over.
Ages are calculated as at 23rd June 2023

Events: 50m, 100m and 200m all strokes
plus 200m IM, 400m Freestyle & IM
All events will be heat declared winners.

Para swimmers may enter the events shown in their respective classification that have qualifying times

Awards: Medals will be awarded to 1st, 2nd and 3rd in each age group (see image of our special medals for this event).

Entries: Accepted on 'first-come, first-served' basis



All details and entry files available from www.essa-schoolswimming.com (Events | Summer Open)

This is an individual event where swimmers represent themselves. Swimmers may enter directly, through their club or through their school. It is open to all secondary school aged swimmers, and primary school swimmers that have reached the age of 9 by the last day of the championships, including Para swimmers.

The Summer Open (Individual) Championships promoter is Stewart Nicklin - summer-open@essa-mail.uk