

Primary Schools' Team Relay Championships

Inter-Divisional Para Team Regulations

Each Division may enter:

- i) one Freestyle team of 4 boys, or girls, or any combination of both;
- ii) one Mixed Stroke team of 4 boys, or girls, or any combination of both (stroke order: Backstroke, Breaststroke, Freestyle (any stroke), and Front Crawl).

Additional teams may be accepted subject to available space and at the sole discretion of the championship organiser.

Teams should consist of:

- 4 swimmers plus 1 or 2 reserves, if thought necessary.
- 1 swimmer from group A or B
- 3 swimmers from group A or B or C (mark 'LD' on team sheet for Learning Disability swimmer).
- Reserves to come from A or B so they can cover should anyone withdraw from the team.
- Please refer to **Category Groups** below.

Age

Competitors must be aged 9 years and under 11 years as at midnight August 31st/September 1st, at the commencement of the academic year of the Championships.

Category Groups

Group A – Severe Motor Difficulties

- Quadriplegia, Tetraplegia or multiple amputee/dysmelia (all 4 limbs affected) e.g. Cerebral Palsy, Spinal Cord Injury, Polio, Arthrogryposis.
- Any others with a severe impairment.

Group B – Moderate Impairments

- Wheelchair users (2 limbs affected) e.g. Cerebral Palsy, Spinal Cord Injury, Polio, Spinabifida.
- Achondroplasia - restricted growth i.e. dwarfism.
- Hemiplegia - affects predominately same side.
- Double amputee/dysmelia.
- Visually impaired since birth – no functional vision.
- Any others with a moderate impairment.

Group C – Minimal Impairments

- Single limb amputee/dysmelia.
- Single limb paralysis or severe joint restriction.
- Visual Impairment – some vision.
- Learning Disability – one swimmer per team, per event (in practice this means that it is likely that young people will be from an MLD special school setting, or within an MLD unit of a mainstream school, or with Downs Syndrome.)
- Any others with a minimal impairment.

NB: The following impairments do not meet the eligibility criteria for Para Swimming:

ADHD	Aspergers	Asthma	Autistic Spectrum	Deafness
Epilepsy	Cystic Fibrosis	Diabetes	Dyspraxia	Haemophilia
Hydrocephalus	Obesity	Scoliosis	Transplants	

Additional Regulations

Swimmers may be classified or unclassified on the date of the competition. Swimmers may dive into the pool providing the Team Manager is aware of their capabilities.

There will be no disqualifications for stroke infringements in these events.

The Team Sheet must state the swimmer's group and:

- Will they have a carer/helper with them?
- If visually impaired is a taper required?
- Is a hoist required?
- Will any swimmer be using a wheelchair and need extra space on poolside?

The Para team will sit with their Division, have Divisional shirts and should have a Team Captain for both events who will take part in the Team Captains' parade at the commencement of the Championships.

Entries

Team sheets must be completed with all details and returned to the Primary Championships Organiser by the date requested.

Awards

Medals will be presented to teams in each event.