

# ESSA 26<sup>th</sup> NATIONAL SWIMMING CHAMPIONSHIPS FOR PRIMARY SCHOOLS 2022

## WATER FAMILIARISATION TIMETABLE

TIME	LANE 1		LANE 2		LANE 3		LANE 4		LANE 5		LANE 6		LANE 7		LANE 8		LANE 9		LANE 10	
	SCHOOL	DIV	SCHOOL	DIV	SCHOOL	DIV	SCHOOL	DIV	SCHOOL	DIV	SCHOOL	DIV	SCHOOL	DIV	SCHOOL	DIV	SCHOOL	DIV	SCHOOL	DIV
<b>10.00 to 10.20</b>	Felton Fleet	SE			Battle Abbey	SE							Stamford Girls	EM			Chetwynde	NW	Huddersfield Boys	NE
<b>10.25 to 10.40</b>	Felton Fleet	SE	Truro High	SW	Battle Abbey	SE							Stamford Boys	EM			Chetwynde	NW	Huddersfield Girls	NE
<b>10.45 to 11.00</b>	St. Michael's	EM	Holy Redeemer	WM	Dulwich College	Lon	Arnold Lodge	WM	Oldham Hulme	NW			Sandal Castle	NE	Highfield Prep	NE				
<b>11.05 to 11.20</b>	Eaton Square	Lon	Boxgrove	SE	The Kings	NW	Edgebaston High	WM	Cumnor House Boys	Lon	Ashperton	WM	Bromsgrove	WM	Warwick Boys Warwick Girls	WM WM	Barlborough Hall	EM	Newcastle U Lyme	WM
<b>11.25 to 11.40</b>	Cumnor House Girls	Lon	The Blue Coat	WM	The Elm's	EM	Abbots Hill	E	Berkhamstead	E	Holy Trinity	WM	The Mount	NE	King St Alban's	WM	Hymers	NE	Kelsey St. Hugh's	EM EM
<b>11.45 to 12.00</b>	Netherthrong Forest Park Prep	NE NW	Heathmount	E	Saint Felix Sarrat	E E	Downsend ACS International	SE SE	Headington Haddon Dene	SE SE	Bedford Girls	E	Haberdasher's	E	Charlotte House St. Hildas	E E	Nottingham High The Royal Masonic	EM E	Bootham	NE
<b>12.05 to 12.20</b>	Dulwich Prep Westminster Under	Lon Lon	Badminton Tormead	SW SE	Bishopgate St. Catherine's	SE SE	Beechwood Park	E	Plymouth College	SW	Guildford High Bedford Modern	SE E	City of London	Lon	King St Alban's	WM	St. Teresa's	SE	Cranmore	SE
<b>12.25 to 12.40</b>	Royal Russell RGS	Lon NE	Latymer J.A.P's	Lon Lon	Talbot Heath	SW	Balsall Common	WM	Glendower St Christophers The Hall	Lon Lon	Wimbledon High Croydon High	Lon Lon	Lady Eleanor Holles	Lon	Woolacombe Coombe Martin	SW SW	Halstead St. Hilary's	SE SE	The Hawthorns Godstowe	SE SE

**NOTES:**

- 1) The Pool Marshal will tell you when the water is available for you. Do not enter the water until permission is given.
- 2) Swimmers must not enter the water until the Team Manager is on the poolside and ready to take full control of the team.
- 3) Swimmers are requested not to climb out of the water over the time pads. Please use the steps.
- 4) Team Managers must take full responsibility for their team/s in the water and on the poolside. Life guards will be on duty.
- 5) Please sit in the area on the poolside that is designated for your Division.
- 6) Team Managers to make certain their Poolside Pass is visible at all times when on the poolside.
- 7) Medical problems should be reported to Chris Young.
- 8) If you do not wish to use the water familiarisation time please inform Chris Young immediately.
- 9) AT THE REQUEST OF THE POOL MANAGEMENT PLEASE DO NOT USE YOUR MOBILE PHONE ON POOLSIDE, GO OUT OF THE POOL AREA IF YOU URGENTLY NEED TO USE YOUR MOBILE PHONE.
- 10) AS THERE IS INSUFFICIENT TIME FOR A SAFE WARM-UP PRIOR TO THE CHAMPIONSHIPS, COULD I PLEASE ASK TEAM MANAGERS TO SUPERVISE THEIR SWIMMERS IN A SAFE GENTLE LAND WARM-UP.

THANK YOU FOR YOUR CO-OPERATION