

ESSA 24th NATIONAL SWIMMING CHAMPIONSHIPS FOR PRIMARY SCHOOLS 2018

WATER FAMILIARISATION TIMETABLE

TIME	LANE 1		LANE 2		LANE 3		LANE 4		LANE 5		LANE 6		LANE 7		LANE 8		LANE 9		LANE 10	
	SCHOOL	DIV	SCHOOL	DIV	SCHOOL	DIV	SCHOOL	DIV	SCHOOL	DIV	SCHOOL	DIV	SCHOOL	DIV	SCHOOL	DIV	SCHOOL	DIV	SCHOOL	DIV
10.05 to 10.20	King Edward's	SW			Battle Abbey	SE			Monkton	SW			Stamford	EM			Chetwynde	NW	Froebelian	NE
10.25 to 10.40	Westbury on Trym	SW	St. Uny C of E	SW			Haddon Dene	SE			Huddersfield Grammar	NE	Stover	SW			Dulwich College	Lon	Healing	EM
10.45 to 11.00	St. Michael's Merton Court	EM SE	Holy Trinity	NW	Clayesmore Goosewell	SW SW	Cumnor House	Lon	Finton House	Lon	St Breock The Abbey	SW E	Gramtham	EM	Highfield	NE	Sheffield Girls'	NE	Paddock	NE
11.05 to 11.20	Ashville	NE	St. Hilary's	SE	Rowan	SE	Chandag	SW	Merton Court	SE	The Elm's Ashperton	WM WM	Bromsgrove	WM	Warwick Boys Warwick Girls	WM WM	QEGS	NE	Hymers	NE
11.25 to 11.40	Bishop Road Greenwich House	SW EM	Holy Redeemer The Blue Coat	WM WM	Manchester GS Oakhyrst Grange	NW SE	Cundall Manor Whitgift	NE Lon	Berkhamstead	E	Bunscoill Rhumsaa Holy Trinity	NW WM	Bootham The Mount	NE NE	Bowden Church The Queens	NW NW	Royal High Hearsall	SW WM	Barlboropugh Hall St. Hugh's	EM EM
11.45 to 12.00	Lisle Marsden Chetwynd	EM EM	St. Bonaventures Eaton Square	SW Lon	Saint Felix How Wood	E E	Tormead Headington	SE SE	Gomersal Horncastle	NE EM	Bedford Girls Edge Grove	E E	Crofton Hammond Westgate	SE EM	S Anselm's Forest	EM NW	Nottingham High The Royal Masonic	EM E	Merchant Taylors Boys & Girls Bolton Girls	NW NW
12.05 to 12.20	St. Benedict's St. John's	Lon E	Ellison Boulters St. John Evang.	EM SW	Walthamstow Hall Prenton	SE NW	Beechwood Park St. Wilfrids	E NW	Springmead Charlotte House	SW E	Westholme Guildford High	NW SE	J A P's Heath Mount	Lon E	Coalbrookdale Ironbridge Newcastle-U-Lyme	WM WM	Goldsworth Maltman's Green	SE SE	Keston Trinity	Lon Lon
12.25 to 12.40	St. Teresa's Turton & Edgworth	SE NW	Yatley Manor Lanesborough	SE SE	Dulwich Prep Holy Ghost RC	Lon Lon	Old Vicarage Latymer	Lon Lon	Glendower St. Albans High	Lon E	West Midlands Division - Para		London Division - Para		North East Division - Para		North West Division - Para		East Midlands Division - Para	

The Diving Pool is available after you have been in the Main pool

NOTES:

- 1) The Pool Marshal will tell you when the water is available for you. Do not enter the water until permission is given.
- 2) Swimmers must not enter the water until the Team Manager is on the poolside and ready to take full control of the team.
- 3) Swimmers are requested not to climb out of the water over the time pads. Please use the steps.
- 4) Team Managers must take full responsibility for their team/s in the water and on the poolside. Life guards will be on duty.
- 5) Please sit in the area on the poolside that is designated for your Division.
- 6) Team Managers to make certain their Poolside Pass is visible at all times when on the poolside.
- 7) Medical problems should be reported to Chris Young
- 8) AT THE REQUEST OF THE POOL MANAGEMENT PLEASE DO NOT USE YOUR MOBILE PHONE ON POOLSIDE, GO OUT OF THE POOL AREA IF YOU URGENTLY NEED TO USE YOUR MOBILE PHONE.
- 9) AS THERE IS INSUFFICIENT TIME FOR A SAFE WARM-UP PRIOR TO THE CHAMPIONSHIPS, COULD I PLEASE ASK TEAM MANAGERS TO SUPERVISE THEIR SWIMMERS IN A SAFE GENTLE LAND WARM-UP.

THANK YOU FOR YOUR CO-OPERATION