Under Swim England Laws Technical Rules of Swimming Licensed by the Swim England at Level 3 under number 3SE240342

## Saturday $22^{\text {nd }}$ \& Sunday $23^{\text {rd }}$ June 2024 K2 Leisure Centre, Crawley, RH11 9BQ

|  | Saturday 22nd June 2024 | Sunday $23^{\text {rd }}$ June 2024 |  |
| :---: | :---: | :---: | :---: |
|  | Session 1 <br> Warm up 8:00am Start 9:00am | Session 3 <br> Warm up \& Start TBC |  |
| 101 | Female 200m Individual Medley | 301 | Male/Open 200m Individual Medley |
| 102 | Male/Open 400m Freestyle | 302 | Female 400m Freestyle |
| 103 | Female 200m Backstroke | 303 | Male/Open 200m Backstroke |
| 104 | Male/Open 200m Breaststroke | 304 | Female 200m Breaststroke |
| 105 | Female 100m Freestyle | 305 | Male/Open 100m Freestyle |
| 106 | Male/Open 50m Breaststroke | 306 | Female 50m Breaststroke |
| 107 | Female 50m Butterfly | 307 | Male/Open 50m Butterfly |
|  | Session 2 <br> Warm up \& Start TBC | Session 4 <br> Warm up \& Start TBC |  |
| 201 | Female 400m Individual Medley | 401 | Male/Open 400m Individual Medley |
| 202 | Male/Open 100m Backstroke | 402 | Female 100m Backstroke |
| 203 | Female 100m Butterfly | 403 | Male/Open 100m Butterfly |
| 204 | Male/Open 200m Freestyle | 404 | Female 200m Freestyle |
| 205 | Female 200m Butterfly | 405 | Male/Open 200m Butterfly |
| 206 | Male/Open 100m Breaststroke | 406 | Female 100m Breaststroke |
| 207 | Female 50m Freestyle | 407 | Male/Open 50m Freestyle |
| 208 | Male/Open 50m Backstroke | 408 | Female 50m Backstroke |

[^0]Venue: K2 Leisure Centre, 50 m Pool, 8 Lanes, full electronic timing with anti-turbulence lane ropes
Age Groups: $\quad 9 / 10,11 / 12,13 / 14,15$ and over Ages at $23^{\text {rd }}$ June 2024 (Last day of competition) Events:

Fees:
Awards:
Entries:

# English Schools' Swimming Association Summer Open Championships 2024 

| Venue: | K2 Leisure Centre, |
| :--- | :--- |
|  | 50 m Pool, 8 Lanes, full electronic timing with anti-turbulence lane ropes |
| Age Groups: | $9 / 10,11 / 12,13 / 14,15$ and over Ages at $23^{\text {rd }}$ June 2024 (Last day of competition) |
| Events: | $50 \mathrm{~m}, 100 \mathrm{~m}$ and 200 m all strokes |
|  | plus 200 m IM, 400 m Freestyle $\& \mathrm{IM}$ |
|  | All events will be heat declared winners. |
|  | (Para swimmers may enter the events shown in their respective classification that |
|  | have qualifying times) |

## Closing Date MIDNIGHT Friday $10^{\text {th }}$ May 2024 Entries Open Monday $5^{\text {th }}$ February 2024, 8AM. Payment of entries:

Once you have submitted your entry, pay by BACS or card where available.
Any signed forms should be posted to:

> ESSA Summer Open Meet, Stewart Nicklin, 16 Ferrier Apartments, 336 Clapham Road, London, SW9 9AP

## BACS Details

Bank:
Sort Code:
Account Number:
Account Name:
Swift Ref:
IBAN
Reference:

Barclays (Branch - Southwark)
20-80-57
43062414
English Schools' Swimming Association BUKBGB22
GB27 BUKB 20805743062414
SO24(CLUBCODE/School)

## Links to forms:

- Entry files for Clubs / Schools/ Individual / Para Swimmers : see website (https://www.essa-schoolswimming.com/index.php/events/summer-open)
- Coach / Team Manager / Chaperone Pass Application Form (apply by $2^{\text {nd }}$ June): see website (https://www.essa-schoolswimming.com/index.php/events/summer-open)
- Volunteer form (Officials and Non-Technical officials): https://forms.office.com/e/mFng7387NT


## RULES AND CONDITIONS

1. Regulations:
1.1. This gala will take place at K2, Crawley and is licensed by the SWIM ENGLAND at Level 3 under Licence number 3SE240342. It will run long course ( 50 m ) in accordance with SWIM ENGLAND Judicial Regulations and Technical Rules of Swimming and the rules and conditions of this competition.
2. Eligibility
2.1. All swimmers including those aged 9 must be registered as Club Complete with the SWIM ENGLAND and have their cards available should they be required to have their times submitted to rankings.
2.2. Any swimmer within the age limits, and safely able to complete in the events, that holds equivalent membership of a Swim England or FINA (World Aquatics) affiliated body may enter.
2.3. The Female category is for birth sex females in accordance with Swim England's Transgender and NonBinary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
3. Age
3.1. Ages are as at $23^{\text {rd }}$ June 2024 .
3.2. Age bands are $9 / 10$ (Primary), 11/12 (Junior), $13 / 14$ (Inter.), 15 and over (Senior).
4. Control
4.1. The Meet Manager is Stewart Nicklin. The meet is promoted by ESSA. For any further information please email summer-open@essa-mail.uk .
4.2. Any matters concerning the Meet not covered in these rules will be dealt with according to the laws of the Sport and at the discretion of the Meet Management or the Promoters.
5. Entries
5.1. Entry fee is $£ 8.50$ per event
5.2. Time Trials will be offered where there would otherwise be empty lanes.
5.2.1. Time trials will be initially offered to any rejected swimmers on a 'first come first served' basis, and competitors wishing to swim time trials should go to the Time Trial Helpdesk upon arrival at the start of each session prior to warm up.
5.2.2. There will be a charge of $£ 10.00$ per time trial swim.
5.2.3. There will be no awards for Time Trial but times achieved will go to Swim England rankings.
5.3. A time standard table is attached. Swimmers entering this Meet are expected to enter their current best times and must NOT enter faster times than the upper limit.
5.4. Entries may need to be restricted and this will be done on a FIRST COME FIRST SERVED BASIS - full reimbursement of fees shall be given to Clubs entering after the meet is declared 'full' NO OTHER MONIES WILL BE REFUNDED.
5.5. ENTERIES OPEN MONDAY $5^{\text {th }}$ FEBRUARY 2024 at 8AM.
5.6. The closing date is MIDNIGHT Friday $10^{\text {th }}$ May 2024
5.7. Entries with no time (NT) will be seeded in the first heat.
5.8. Times cannot be amended after submission of entry.
5.9. All entries should be completed via the online forms.
5.10. Entries will not be confirmed before payment is received. Entry fees should reach the Promoter by MIDNIGHT Friday $10^{\text {th }}$ May 2024.
5.11. Entry details for Clubs, Schools, Individuals and Para Swimmers will be available on the event web-page (https://www.essa-schoolswimming.com/index.php/events/summer-open).

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5.12. Information provided by clubs/entrants in their entry submission will be stored and processed in accordance with the General Data Protection Regulations. The ESSA privacy policy can be viewed at https://www.essa-schoolswimming.com/index.php/about/privacy-policy. Personal data will be available for inspection during the Meet on application to the Promoters.
5.13. In the event of difficulty with entry mechanism, contact Stewart (summer-open@essa-mail.uk)
6. Conduct of the Meet
6.1. Events:
6.1.1. 50 m 100 m 200 m all strokes, plus 200 m IM, 400 m Freestyle \& IM. (Para Swimmers see separate conditions for events)
6.1.2. The Pool will be available for warm-up before the start of each session; see the summary programme for warm up timings.
6.1.3. This meet will operate as a CARDLESS meet. Entries will be pre-seeded before the meet. Any withdrawals must be made no later than the start of warm up for each session using the online form: https://forms.office.com/e/rV4Fwfu75q .
6.1.4. The pool will be cleared 10 minutes before the start of the session.
6.2. Pool
6.2.1. The pool is 50 m long, 8 lanes, anti-wave lane ropes and electronic timing.
6.2.2. A secondary strobe is available. However, due to length of the cable it may not be able to stretch to all lanes. Therefore, or due to health and safety concerns of a trailing cable, we may ask the swimmer to move to a different lane to allow the strobe to be used.
6.3. Code of Conduct
6.3.1. No outdoors shoes to be worn on the poolside. Footwear must be worn outside the pool area.
7. Results and Awards
7.1. All events are Heat Declared Winner.
7.2. Times recorded at the meet by SE Club Compete swimmers will be sent to the SWIM ENGLAND for inclusion in the National Rankings.
7.3. Awards will be given to the top three swimmers in each age group.
7.4. All awards must be picked up at the time of the competition. Any awards not collected on the day will be forfeited.
7.5. The minus 1 rule will be used to award medals where there are less than 4 swimmers in an event. If there is only one competitor in any event, the swimmer needs to improve on their entry time to medal.
8. Expenses
8.1. Each club/school/swimmer entering the meet will be responsible for their own expenses.
8.2. All clubs/schools/swimmers submitting entries are requested to assist in the running of the meet by inviting Licensed Officials who are willing to assist at this Gala to complete the volunteers online form. ESSA will reimburse limited expenses in line with its expenses policy as set out on the ESSA website.
9. Responsibility
9.1. All participants must observe the safety precautions in operation at K2 Leisure Centre. Neither the Meet Management, the Promoter nor ESSA will be responsible for any loss or damage occurring during this Meet.
9.2. Swimmers remain under the control of their team manager/coach at all times
9.2.1. Coaches'/Team manager passes will be issued at the cost of $£ 15$ per day or $£ 20$ for a two-day pass. This will entitle the holder to admission to all sessions, a programme, session start lists. Entry to poolside will not be permitted without a pass. All coaches must have a current DBS check and the pass signed by the club or school official. Passes may be paid for via BACS or card (where available).

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## 10. Photography/Video

10.1. Spectators, swimmers and team staff must ensure they are responsible with the taking of images on cameras, mobile phone and other devices and their responsibilities are as laid out in WavePower.
10.2. This is an public venue, open to members of the public not associated with the event. Any concerns about inappropriate behaviours should be reported to the event promoter and the ESSA welfare officer (welfare@essa-mail.uk).

## PARA SWIMMERS ADDITIONAL RULES AND CONDITIONS:

P1. Eligibility
P1.1. Each competitor shall be a Swim England Club Compete member or an equivalent member of Swim Scotland or Swim Wales whose membership record shows S1-15, SB1-SB15 or SM1-SM15 World Para Swimming classification, which is held on the British Swimming or World Para Swimming Classification database at the time of entry.

P1.2. Swimmers on the functional classification waiting list, or have an active application with UKSA or INAS, made within the last 12 months, are invited to compete. They must still meet the Swim England Club Compete membership requirement. They would achieve a time in a licensed event but will not be eligible to receive medals.
P2. Age
P2.1. Para Swimmers will swim in different age groups to allow for healthy competition and allow the minus one rule for presentations to be applied sensibly.
P2.1.1. S1 - S14 age groups are ' $9-14$ ' and ' 15 and over'.
P2.1.2. S15 swimmers will compete within one ('open') age group.
P3. Entries
P3.1. Competitors should indicate on their entry their relevant:
P3.1.1. WPS classification or British Swimming classification
P3.1.2. UKSA or INAS classification (accompanied by the relevant number)
P3.1.3. British Blind Sport classification
P3.1.4. UK Deaf Sport classification
P3.1.5. Exception codes
P3.1.6. Where swimmers are on the waiting list (S99), must indicate this on the entry form.
P3.2. This event is subject to the upper time limits for each classification listed at the end of these conditions. Swimmers must not be faster than these times for entry to this competition. These times are shown in tables 1 and 2 (later in the entry pack)

P4. Conduct of the Meet
P4.1. Events:
P4.1.1. All events will be swum multi-class and seeded according to time, irrespective of age or disability. This means you may not be in the 1st heat and will be seeded along with able bodied swimmers.
P4.1.2. Swimmers can compete in any event with a shown qualifying time but those with a classification S1 - S14 are advised to swim those events that are WPS recognised events for their classification, in order to gain qualifying times for future British Para-Swimming Programmes and Competitions.

## P5. Results and Awards

P5.1. The minus 1 rule will be used to award medals where there are less than 4 swimmers in an event. If there is only one competitor in any event, the swimmer needs to improve on their entry time to medal.

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P5.2. In each event, medals will be awarded to the $1^{\text {st }}, 2^{\text {nd }}$ and $3^{\text {rd }}$ placed Male and Female swimmers in the classification classes S1-S14 based on British Para-Swimming Points.

P5.2.1. British Para-Swimming Points are awarded for each competitor across classifications S1-S14 in relation to how close they are to their classification's world record in each event, respectively.
P5.3. S15 swimmers will compete in each event, within their own classification band, and medals will be awarded to $1^{\text {st }}, 2^{\text {nd }}$ and $3^{\text {rd }}$ placed, Male and Female swimmers based on time, within one (open) age group.
P6. Responsibility
P6.1. Personal care attendants (chaperone) will be permitted for competitors in the following classes: $\mathrm{S} 1, \mathrm{~S} 2$, S3, S4 and S11. Such attendants will be excluded from any restrictions and will be given the same accreditation as the competitor for whom they have personal care responsibilities - their accreditation is free. Other personal care attendants will be allowed at the promotor's discretion.
P6.2. Chaperone passes are available for para swimmers. These passes are free of charge. To apply for a chaperone pass please complete the chaperone pass form and write the name of the swimmer and club that you will be supporting. Chaperone's will require a letter from school or club official and be a relative of the athlete.

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Upper and Lower qualification times:

| Male/Open |  |  |  |  |  | Female |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 9/10 | 11/12 | 13/15+ |  | EVENT |  | 9/10 | 11/12 | 13/15+ |
| 29.26 | 26.88 | 21.15 | ULT | 50m Freestyle | ULT | 30.25 | 27.8 | 24.67 |
| 48.93 | 44.96 | 38.73 | LLT |  | LLT | 48.37 | 44.75 | 39.14 |
| 1.05.48 | 58.76 | 50.76 | ULT | 100m Freestyle | ULT | 1.10.16 | 1.00.07 | 54.18 |
| 1.46 .88 | 1.37 .66 | 1.23 .55 | LLT |  | LLT | 1.46 .25 | 1.36.70 | 1.24 .25 |
| 2.20.17 | 2.08.40 | 1.48.90 | ULT | 200m Freestyle | ULT | 2.28.44 | 2.09.98 | 1.56 .09 |
| 3.52.36 | 3.32.70 | 3.02.39 | LLT |  | LLT | 3.47 .61 | 3.28.68 | 3.01.35 |
| 4.57.17 | 4.35 .23 | 3.56.31 | ULT | 400m Freestyle | ULT | 5.14 .57 | 4.33.36 | 4.04 .40 |
| 6.54 .80 | 6.06 .00 | 5.26 .80 | LLT |  | LLT | 6.59 .01 | 6.20.30 | 5.48 .40 |
| 38.79 | 33.54 | 27.11 | ULT | 50m Breaststroke | ULT | 39.13 | 34.79 | 30.03 |
| 1.03 .40 | 57.91 | 49.08 | LLT |  | LLT | 1.02 .42 | 57.12 | 49.43 |
| 1.26 .45 | 1.13.66 | 1.00.00 | ULT | 100m Breaststroke | ULT | 1.26 .35 | 1.17.96 | 1.07.40 |
| 2.18.03 | 2.04 .96 | 1.45 .63 | LLT |  | LLT | 2.15 .80 | 2.02.68 | 1.45 .65 |
| 3.08.41 | 2.42 .03 | 2.08.59 | ULT | 200m Breaststroke | ULT | 3.04 .96 | 2.42.78 | 2.23 .69 |
| 4.56 .12 | 4.28 .87 | 3.48 .96 | LLT |  | LLT | 4.49 .60 | 4.23 .14 | 3.46.76 |
| 31.64 | 28.8 | 22.51 | ULT | 50m Butterfly | ULT | 33.67 | 30.7 | 26.82 |
| 54.17 | 49.4 | 42.46 | LLT |  | LLT | 53.03 | 48.89 | 42.55 |
| 1.11.71 | 1.04.49 | 50.31 | ULT | 100m Butterfly | ULT | 1.17 .21 | 1.06.39 | 58.69 |
| 2.02.08 | 1.49.13 | 1.32.45 | LLT |  | LLT | 1.59 .22 | 1.47.55 | 1.32 .84 |
| 2.42.47 | 2.26.50 | 1.58.80 | ULT | 200m Butterfly | ULT | 2.52.55 | 2.32.71 | 2.10.46 |
| 4.28.31 | 3.59 .33 | 3.24.45 | LLT |  | LLT | 4.24 .49 | 3.56.66 | 3.22 .89 |
| 33.15 | 29.46 | 24.35 | ULT | 50m Backstroke | ULT | 35.09 | 30.39 | 27.44 |
| 55.76 | 51.15 | 43.86 | LLT |  | LLT | 55 | 50.58 | 44.19 |
| 1.12.01 | 1.05.66 | 52.21 | UTL | 100m Backstroke | UTL | 1.16 .83 | 1.06.41 | 58.83 |
| 2.01.02 | 1.49 .07 | 1.33.25 | LLT |  | LLT | 1.59 .06 | 1.47.88 | 1.33.24 |
| 2.37.44 | 2.17.77 | 1.53.95 | ULT | 200m Backstroke | ULT | 2.39 .95 | 2.22.25 | 2.07.15 |
| 4.16 .49 | 3.54.13 | 3.20.64 | LLT |  | LFT | 4.12 .90 | 3.48.79 | 3.19.79 |
| 2.38.74 | 2.25.61 | 1.57.32 | ULT | 200m IM | ULT | 2.48 .26 | 2.25 .58 | 2.09.51 |
| 4.24 .01 | 4.00 .01 | 3.26.37 | LLT |  | LLT | 4.18 .65 | 3.55 .69 | 3.25.15 |

## English Schools' Swimming Association Summer Open Championships 2024

Upper and Lower Para qualification times: Male/Open

| 50m Freestyle |  |  | 100m Freestyle |  |  | 200m Freestyle |  |  | 400m Freestyle |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ULT | LLT |  | ULT | LLT |  | ULT | LLT |  | ULT | LLT |
| S1 | 01.27 .20 | 03.59 .80 | S1 | 03.19 .89 | 09.09 .70 | S1 | 05.07 .90 | 14.16 .73 | S1 |  |  |
| S2 | 01.05 .03 | 02.58 .83 | S2 | 02.36 .89 | 07.11 .45 | S2 | 05.11 .21 | 14.15 .80 | S2 |  |  |
| S3 | 00.49 .34 | 02.15 .68 | S3 | 01.59 .67 | 05.29 .09 | S3 | 03.40 .05 | 10.05 .10 | S3 |  |  |
| S4 | 00.41 .57 | 01.54 .32 | S4 | 01.29 .90 | 04.07 .22 | S4 | 03.13 .72 | 08.52 .70 | S4 |  |  |
| S5 | 00.35 .21 | 01.36 .82 | S5 | 01.19 .65 | 03.39 .04 | S5 | 02.53 .04 | 07.55 .90 | S5 |  |  |
| S6 | 00.31 .87 | 01.27 .64 | S6 | 01.09 .54 | 03.11 .24 | S6 |  |  | S6 | 05.28 .28 | 15.02 .80 |
| S7 | 00.29 .05 | 01.19 .89 | S7 | 01.05 .08 | 02.58 .97 | S7 |  |  | S7 | 04.53 .50 | 13.27 .10 |
| S8 | 00.27 .96 | 01.16 .89 | S8 | 01.01 .19 | 02.48 .27 | S8 |  |  | S8 | 04.39 .74 | 12.49 .30 |
| S9 | 00.26 .01 | 01.11 .53 | S9 | 00.57 .25 | 02.37 .44 | S9 |  |  | S9 | 04.22 .78 | 12.02 .60 |
| S10 | 00.24 .23 | 01.06 .63 | S10 | 00.52 .59 | 02.24 .62 | S10 |  |  | S10 | 04.12 .80 | 11.35 .20 |
| S11 | 00.27 .28 | 01.15 .02 | S11 | 01.01 .37 | 02.48 .77 | S11 |  |  | S11 | 05.00 .17 | 13.45 .50 |
| S12 | 00.24 .95 | 01.08 .61 | S12 | 00.55 .58 | 02.32 .84 | S12 |  |  | S12 | 04.48 .86 | 13.14 .40 |
| S13 | 00.24 .74 | 01.08 .01 | S13 | 00.53 .72 | 02.27 .73 | S13 |  |  | S13 | 04.17 .24 | 11.47 .40 |
| S14 | 00.25 .40 | 01.09 .85 | S14 | 00.54 .31 | 02.29 .35 | S14 | 01.59 .25 | 05.27 .90 | S14 | 04.16 .44 | 11.45 .20 |
| S15 | 00.25 .40 | 01.09 .85 | S15 | 00.54 .31 | 02.29 .35 | S15 | 01.59 .25 | 05.27 .90 | S15 | 04.16 .44 | 11.45 .20 |


| 50m Backstroke |  | 100m Backstroke |  |  | 50m Breaststroke |  |  | 100m Breaststroke |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ULT | LLT |  | ULT | LLT |  | ULT | LLT |  | ULT | LLT |
| S1 | 01.28 .79 | 04.04 .20 | S1 | 03.06 .31 | 08.32 .40 | SB1 | 01.47 .43 | 04.55 .40 | SB1 |  |  |
| S2 | 01.02 .15 | 02.50 .90 | S2 | 02.15 .06 | 06.11 .40 | SB2 | 01.01 .78 | 02.49 .90 | SB2 |  |  |
| S3 | 00.50 .76 | 02.19 .60 | S3 |  |  | SB3 | 00.48 .42 | 02.13 .00 | SB3 |  |  |
| S4 | 00.47 .64 | 02.11 .00 | S4 |  |  | SB4 |  |  | SB4 | 01.50 .01 | 05.02 .50 |
| S5 | 00.40 .74 | 01.52 .00 | S5 |  |  | SB5 |  |  | SB5 | 01.37 .36 | 04.27 .70 |
| S6 |  |  | S6 | 01.21 .32 | 03.43 .60 | SB6 |  |  | SB6 | 01.26 .62 | 03.58 .20 |
| S7 |  |  | S7 | 01.14 .45 | 03.24 .70 | SB7 |  |  | SB7 | 01.22 .70 | 03.47 .40 |
| S8 |  |  | S8 | 01.08 .88 | 03.09 .40 | SB8 |  |  | SB8 | 01.14 .09 | 03.23 .70 |
| S9 |  |  | S9 | 01.06 .20 | 03.02 .10 | SB9 |  |  | SB9 | 01.11 .00 | 03.15 .20 |
| S10 |  |  | S10 | 01.02 .04 | 02.50 .60 |  |  |  |  |  |  |
| S11 |  | S11 | 01.18 .44 | 03.35 .70 | SB11 |  |  | SB11 | 01.25 .01 | 03.53 .80 |  |
| S12 |  |  | S12 | 01.02 .85 | 02.52 .80 | SB12 |  |  | SB12 | 01.12 .96 | 03.20 .60 |
| S13 |  |  | S13 | 01.03 .14 | 02.53 .60 | SB13 |  |  | SB13 | 01.09 .73 | 03.11 .80 |
| S14 |  |  | S14 | 01.03 .76 | 02.55 .30 | SB14 |  |  | SB14 | 01.08 .30 | 03.07 .80 |
| S15 | 00.27.00 | 01.20 .00 | S15 | 01.03 .76 | 02.55 .30 | SB15 | 00.31 .00 | 01.30 .00 | SB15 | 01.08 .30 | 03.07 .80 |

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| 50m Butterfly |  |  | 100m Butterfly |  |  | 150m IM |  |  | 200m IM |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ULT | LLT |  | ULT | LLT |  | ULT | LLT |  | ULT | LLT |
| S1 | 00.00.00 | 00.00.00 | S1 |  |  | SM1 | 00.00.00 | 00.00.00 | SM1 |  |  |
| S2 | 02.24.18 | 06.36.50 | S2 |  |  | SM2 | 05.02.42 | 13.51.65 | SM2 |  |  |
| S3 | 01.24 .18 | 03.51.50 | S3 |  |  | SM3 | 03.26.77 | 09.28.60 | SM3 |  |  |
| S4 | 00.54.15 | 02.28 .90 | S4 |  |  | SM4 | 02.43.32 | 07.29.40 | SM4 |  |  |
| S5 | 00.39 .20 | 01.47.80 | S5 |  |  | SM5 |  |  | SM5 | 04.07.22 | 11.19 .90 |
| S6 | 00.33 .83 | 01.33.00 | S6 |  |  | SM6 |  |  | SM6 | 03.00.21 | 08.15.60 |
| S7 | 00.31.65 | 01.27.00 | S7 |  |  | SM7 |  |  | SM7 | 02.45 .59 | 07.35.40 |
| S8 |  |  | S8 | 01.05.34 | 02.59.70 | SM8 |  |  | SM8 | 02.32.68 | 06.59.90 |
| S9 |  |  | S9 | 01.02.30 | 02.51.30 | SM9 |  |  | SM9 | 02.21.00 | 06.27.70 |
| S10 |  |  | S10 | 00.58.91 | 02.42.00 | SM10 |  |  | SM10 | 02.14.59 | 06.10.10 |
| S11 |  |  | S11 | 01.08.59 | 03.08.60 | SM11 |  |  | SM11 | 02.36.73 | 07.11.00 |
| S12 |  |  | S12 | 00.59.21 | 02.42.80 | SM12 |  |  | SM12 | 02.25 .15 | 06.39.20 |
| S13 |  |  | S13 | 00.58.68 | 02.41.40 | SM13 |  |  | SM13 | 02.19.80 | 06.24.40 |
| S14 |  |  | S14 | 00.58.98 | 02.42.20 | SM14 |  |  | SM14 | 02.15.43 | 06.12.40 |
| S15 | 00.25 .00 | 01.20.00 | S15 | 00.58.98 | 02.42.20 | SM15 |  |  | SM15 | 02.15.43 | 06.12.40 |

Upper and Lower Para qualification times: Female

| 50m Freestyle |  |  | 100m Freestyle |  |  | 200m Freestyle |  |  | 400m Freestyle |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ULT | LLT |  | ULT | LLT |  | ULT | LLT |  | ULT | LLT |
| S1 | 01.24 .11 | 03.51 .30 | S1 | 04.09 .63 | 11.26 .48 | S1 | 06.37 .43 | 18.12 .93 | S1 |  |  |
| S2 | 01.11 .42 | 03.16 .40 | S2 | 03.25 .11 | 09.24 .05 | S2 | 06.57 .34 | 19.07 .69 | S2 |  |  |
| S3 | 00.47 .65 | 02.11 .04 | S3 | 01.57 .53 | 05.23 .21 | S3 | 03.34 .44 | 09.49 .71 | S3 |  |  |
| S4 | 00.41 .23 | 01.53 .38 | S4 | 01.28 .50 | 04.03 .38 | S4 | 03.26 .51 | 09.27 .90 | S4 |  |  |
| S5 | 00.38 .99 | 01.47 .22 | S5 | 01.41 .26 | 04.38 .46 | S5 | 03.37 .10 | 09.57 .90 | S5 |  |  |
| S6 | 00.36 .18 | 01.39 .49 | S6 | 01.17 .11 | 03.32 .05 | S6 |  |  | S6 | 05.45 .04 | 15.48 .86 |
| S7 | 00.33 .94 | 01.33 .34 | S7 | 01.15 .20 | 03.26 .80 | S7 |  |  | S7 | 05.39 .93 | 15.34 .81 |
| S8 | 00.31 .23 | 01.25 .88 | S8 | 01.07 .19 | 03.04 .77 | S8 |  |  | S8 | 04.58 .27 | 13.40 .24 |
| S9 | 00.29 .48 | 01.21 .07 | S9 | 01.03 .72 | 02.55 .23 | S9 |  |  | S9 | 04.51 .06 | 13.20 .42 |
| S10 | 00.28 .52 | 01.18 .43 | S10 | 01.01 .75 | 02.49 .81 | S10 |  |  | S10 | 04.42 .58 | 12.57 .10 |
| S11 | 00.31 .27 | 01.25 .99 | S11 | 01.11 .32 | 03.16 .13 | S11 |  |  | S11 | 05.42 .65 | 15.42 .29 |
| S12 | 00.29 .08 | 01.19 .97 | S12 | 01.03 .08 | 02.53 .47 | S12 |  |  | S12 | 05.19 .82 | 14.39 .51 |
| S13 | 00.28 .24 | 01.17 .66 | S13 | 01.01 .78 | 02.49 .90 | S13 |  |  | S13 | 04.45 .32 | 13.04 .63 |
| S14 | 00.28 .54 | 01.18 .48 | S14 | 01.02 .21 | 02.51 .08 | S14 | 02.12 .28 | 06.03 .77 | S14 | 04.50 .72 | 13.19 .48 |
| S15 | 00.28 .54 | 01.18 .48 | S15 | 01.02 .21 | 02.51 .08 | S15 | 02.12 .28 | 06.03 .77 | S15 | 04.50 .72 | 13.19 .48 |

## English Schools' Swimming Association Summer Open Championships 2024

| 50m Backstroke |  |  | 100m Backstroke |  |  | 50m Breaststroke |  |  | 100m Breaststroke |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ULT | LLT |  | ULT | LLT |  | ULT | LLT |  | ULT | LLT |
| S1 | 02.15 .91 | 06.13.75 | S1 | 04.29.31 | 12.20 .60 | SB1 | 02.15.82 | 06.13.51 | SB1 |  |  |
| S2 | 01.30.20 | 04.08.05 | S2 | 03.34.59 | 09.50.12 | SB2 | 02.47 .43 | 07.40.43 | SB2 |  |  |
| S3 | 00.57.18 | 02.37.25 | S3 |  |  | SB3 | 01.02.70 | 02.52.43 | SB3 |  |  |
| S4 | 01.01.14 | 02.48.13 | S4 |  |  | SB4 |  |  | SB4 | 02.04.09 | 05.41.25 |
| S5 | 00.47.81 | 02.11.48 | S5 |  |  | SB5 |  |  | SB5 | 01.53.82 | 05.13.01 |
| S6 |  |  | S6 | 01.35.25 | 04.21.94 | SB6 |  |  | SB6 | 01.46.09 | 04.51.75 |
| S7 |  |  | S7 | 01.29.32 | 04.05.63 | SB7 |  |  | SB7 | 01.36.23 | 04.24 .63 |
| S8 |  |  | S8 | 01.19 .25 | 03.37.94 | SB8 |  |  | SB8 | 01.24 .27 | 03.51.74 |
| S9 |  |  | S9 | 01.10 .96 | 03.15.14 | SB9 |  |  | SB9 | 01.18.60 | 03.36.15 |
| S10 |  |  | S10 | 01.11.29 | 03.16 .05 |  |  |  |  |  |  |
| S11 |  |  | S11 | 01.24 .56 | 03.52.54 | SB11 |  |  | SB11 | 01.36.34 | 04.24 .93 |
| S12 |  |  | S12 | 01.14.90 | 03.25 .97 | SB12 |  |  | SB12 | 01.21.95 | 03.45 .36 |
| S13 |  |  | S13 | 01.08.98 | 03.09.69 | SB13 |  |  | SB13 | 01.19.07 | 03.37.44 |
| S14 |  |  | S14 | 01.09.05 | 03.09.89 | SB14 |  |  | SB14 | 01.17.70 | 03.33 .67 |
| S15 | 00.27 .00 | 01.15.00 | S15 | 01.09.05 | 03.09.89 | SB15 | 00.32.00 | 01.45.00 | SB15 | 01.17.00 | 03.33.67 |


| 50m Butterfly |  |  | 100m Butterfly |  |  | 150m IM |  |  | 200m IM |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ULT | LLT |  | ULT | LLT |  | ULT | LLT |  | ULT | LLT |
| S1 | 00.00.00 | 00.00.00 | S1 |  |  | SM1 | 00.00.00 | 00.00.00 | SM1 |  |  |
| S2 | 02.19.79 | 06.24.42 | S2 |  |  | SM2 | 05.15.81 | 14.28.48 | SM2 |  |  |
| S3 | 01.31.69 | 04.12.15 | S3 |  |  | SM3 | 03.27 .82 | 09.31.51 | SM3 |  |  |
| S4 | 00.52.74 | 02.25.03 | S4 |  |  | SM4 | 03.26.74 | 09.28.54 | SM4 |  |  |
| S5 | 00.49.63 | 02.16.48 | S5 |  |  | SM5 |  |  | SM5 | 03.54 .83 | 10.45.78 |
| S6 | 00.41.32 | 01.53.63 | S6 |  |  | SM6 |  |  | SM6 | 03.13.07 | 08.50.94 |
| S7 | 00.37.11 | 01.42.05 | S7 |  |  | SM7 |  |  | SM7 | 03.06.96 | 08.34.14 |
| S8 |  |  | S8 | 01.19.85 | 03.39.59 | SM8 |  |  | SM8 | 02.44.13 | 07.31.36 |
| S9 |  |  | S9 | 01.09.60 | 03.11.40 | SM9 |  |  | SM9 | 02.40 .27 | 07.20.74 |
| S10 |  |  | S10 | 01.09.86 | 03.12.12 | SM10 |  |  | SM10 | 02.35.40 | 07.07.35 |
| S11 |  |  | S11 | 01.38.58 | 04.31.10 | SM11 |  |  | SM11 | 03.07.67 | 08.36.09 |
| S12 |  |  | S12 | 01.24 .03 | 03.51.08 | SM12 |  |  | SM12 | 02.56.26 | 08.04.72 |
| S13 |  |  | S13 | 01.05.51 | 03.00.15 | SM13 |  |  | SM13 | 02.26.62 | 06.43.21 |
| S14 |  |  | S14 | 01.08.06 | 03.07.17 | SM14 |  |  | SM14 | 02.28 .57 | 06.48 .57 |
| S15 | 00.27.00 | 01.30.00 | S15 | 01.08.06 | 03.17.17 | SM15 |  |  | SM15 | 02.28 .00 | 06.48.57 |


[^0]:    * Please note times are tentative and will be confirmed once all of the entries for the Meet have been processed. Full details will be sent with confirmation of entries.

