

MIDLAND SCHOOLS SWIMMING ASSOCIATION

DIVISION 4

Dear Colleague

I am pleased to inform you of the Division 4, Midland Schools, round of the ESSA National Swimming Championships for Secondary Schools - Teams.

Schools from **DERBYSHIRE, NOTTINGHAMSHIRE & LINCOLNSHIRE** will compete at Beechdale Swimming Centre, Nottingham on FRIDAY 12th NOVEMBER warm up 6.00pm

Schools from **WARWICKSHIRE, NORTHAMPTONSHIRE & LEICESTERSHIRE** will compete at Daventry Leisure Centre on FRIDAY 19th NOVEMBER, warm up 6.00pm.

Due to county boundaries some school might prefer to swim at the other competition, please fill in the correct entry form.

To fulfil the rules and regulations of the competition the Championships will be swum over 25m with each swimmer completing 2 lengths (4 x 50m) Paul Spedding, Nottingham High School, will be organising the programme so entry forms with your entry fee should be returned to him. My thanks go to Paul for this extremely valuable help.

Results from both competitions will be sent to the National organiser.

Results from both galas will be combined then the divisional winner's shield will be sent to the team recording the fastest time in each event.

Results will be displayed on the Division 4 page of the web site. www.essa-schoolswimming.com

CLOSING DATE FOR ALL ENTRIES IS FRIDAY 8th OCTOBER 2010.

There is an entry fee of £6.00p for each boys age group and £6.00p for each girls age group. (*ie: junior boys freestyle & medley £6.00p. intermediate boys freestyle & medley £6.00. senior boys freestyle & medley £6.00p. The same applies for the girls teams*)

The entry fee also covers affiliation to the ESSA. Please make cheques payable to 'Division 4' M.S.S.A.

Full regulations governing the Divisional round and National Championships are on the web-site. Please read carefully and make certain you check the age groups thoroughly. (Juniors, 11 yrs & under 14yrs - years 7 , 8 and 9. Intermediates, 14 yrs & under 16 yrs - years 10 and 11. Seniors, 16 & under 18yrs).

These age groups are as at midnight 31st August/1st September at the commencement of the academic year of the Championships (2010)

Full details of the Divisional round, maps, programmes, team sheets etc. will be sent to all competing schools nearer the time of the competition. Should you need further information or help please give me a ring on 0116 2716166 or 07761813335, e-mail: young37@talktalk.net or contact Paul Spedding 07720851120, e-mail: spedding.ip@nottinghamhigh.co.uk

The National Finals will be held on Saturday 5th February 2011 at Stockport (long course)

I do hope you will come and take part in the competition on either Friday 12th or 19th November This event has become one of Division 4's swimming highlights and is enjoyed by all – you might even represent the Division at the National finals – the fastest **16** schools will be invited to Stockport for the Finals.

ENTRY FORMS WITH YOUR ENTRY FEE MUST RECEIVED BY FRIDAY 8th OCTOBER 2010

Chris Young - Divisional Representative