

# ENGLISH SCHOOLS' SWIMMING ASSOCIATION

[www.essa-schoolswimming.com](http://www.essa-schoolswimming.com)

Patron:  
Prince William

## National Swimming Championships for Primary Schools 2010

January 2010

Registration for our Primary Schools Championships for 2010 is now open. The competition will be organised by English Schools' Swimming Association under A.S.A. Laws and Technical Rules.

All schools in England with primary aged children (aged 9 years and Under 11 years as at August 31<sup>st</sup> / September 1<sup>st</sup> 2009, the commencement of the academic year) are invited to enter relay teams.

Each event is 4 x 25 metres. Competitors may swim in both freestyle and mixed stroke relays.

The mixed stroke relay teams for larger schools swim backstroke, breaststroke, breaststroke OR butterfly and freestyle. For small schools the mixed stroke relay teams swim backstroke, breaststroke, freestyle (any stroke) and front crawl.

Small schools are schools who have 50 or less children in Years 5 and 6 combined. The team can be made up of 4 boys or girls or any combination of both.

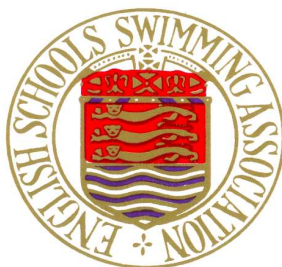
An interest form is attached to this notice and can be returned to the Divisional Representative by email or post (a list of Divisional Representatives is also attached). If you return the interest form there is no commitment to compete but you will be contacted in February 2010. There will be a series of Divisional rounds, and in some Divisions these will be preceded by County rounds. These will take place before the end of May and the first two in each event from each Division will go forward to the Finals. The Finals will be held on Saturday 19<sup>th</sup> June 2010 at Ponds Forge International Sports Centre, Sheffield.

John Stiven

Hon. General Secretary  
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**National Swimming Championships  
for Primary Schools 2010**

Our school is interested in entering the above event and would like further information when it becomes available.

**N.B. This form should be returned to your Divisional Representative. See divisional Noticeboards on the ESSA website:** [www.essa-schoolswimming.com](http://www.essa-schoolswimming.com)

School.....

Address.....

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Postcode.....

L.E.A.....

Contact Name.....

Telephone.....

email.....