

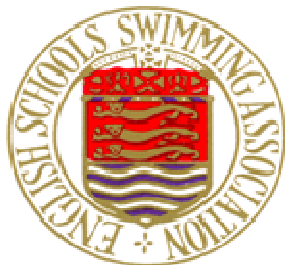


English Schools' Swimming Association

Divisional Representative
Mrs Alison Crawford
ESSA North West Division
132 Buckingham Road
Maghull
L31 7DR

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INFORMATION

This Gala is to introduce swimmers to ESSA swimming and to choose a team to represent the North West Division for the National Championships to be held at **Liverpool Aquatic Centre on Saturday 30th June/Sunday 1st July 2012**

AGE GROUPS are as on 31st August 2011

JUNIOR	Age 11 and under 14	School years 7, 8, 9
INTERMEDIATE	Age 14 and under 16	School years 10 and 11
SENIOR	Age 16 and under 18	Sixth Form/College

CONDITIONS OF ENTRY

1. All ages are as at **midnight on 31st August/1st September 2011**. A swimmer must be in fulltime education at school or college (16 or more hours of tuition per week)
2. A swimmer may enter 2 events in his/her age group. There will be a fee of £5.00 per event entered
3. A swimmer may only compete at **1 venue**
4. In order to compete in the Divisional Championships, a swimmer must have the approval of his/her school/college. All entry forms must be countersigned by the Headteacher / Principal
5. All schools must be affiliated to North West Division via entry fee for insurance purposes
6. Submitted times will only be considered if a swimmer has entered but is on **National or International duty** on the day of the Championships
7. Entries and rejections will be acknowledged on the website before the event
8. **A swimmer must compete at the trials in order to be considered for selection for the team.** British rankings will be used to aid selection
9. The promoter reserves the right to restrict entries for good gala management
10. No refunds to given be to competitors who withdraw after notice of acceptance via the internet has been given www.essa-schoolswimming.com north west
11. Heats may include 'over the top starts'
12. All events will be HDW. Divisional Champions will be notified on completion of all galas . This includes time trials from the Isle of Man
13. The promotor/divisional representative reserves the right to amend these conditions as necessary
14. The event is being run under ASA Laws and ASA technical rules, and the ASA laws and Open competitions shall cover any laws not covered by the promoter's conditions

The **CLOSING DATE** will be : **Venue 1: 3rd March** **Venue 2: 17th March 2012**



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Venue 1: Europa Pool, Conway St,
Birkenhead CH41 6RN

Saturday 10th March 12.30-15.30

Closing date 3rd March 2012

Venue2 : Palentine, St Annes Rd, Blackpool
FY4 2AP

Saturday 24th March 14.30-17.30

Acceptances and rejections will be shown on the website as soon as possible after the deadline at www.essa-schoolswimming.com north west

Programme of Events

Girls 200m Individual Medley
Boys 200m Individual Medley
Girls 100m Butterfly
Boys 100m Butterfly
Girls 100m Backstroke
Boys 100m Backstroke
Girls 100m Breaststroke
Boys 100m Breaststroke
Girls 100m Freestyle
Boys 100m Freestyle

The National Final will include the following events, swimmers will be able to compete in 2 individual events and relays

100m, 200m Butterfly
100m, 200m Backstroke
100m, 200m Breaststroke
100m, 200m Freestyle
200m IM, 400m IM
Open Girls 800m Freestyle
Open Boys 1500m Freestyle

NB. Swimmers wishing to be considered for team selection on distance events are asked to enter times on the entry form



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ENTRY FORM

VENUE CHOICE:

Surname : Forename:

Home Address:

Post Code: Tel.....Email:.....

Date of Birth: Age (on 31/08/11): Junior/Inter/Senior Male/ Female

School: Town:

Signature of Headteacher

EVENT	Time (Short Course)	Date, Venue (where time was achieved)
200m Individual Medley HDW		
100m Backstroke HDW		
100m Breaststroke HDW		
100m Butterfly HDW		
100m Freestyle HDW		

I wish to be considered for the following events

400m Freestyle Time:	800m Freestyle (F) Time:
1500m Freestyle (M) Time:	400IM Time:

Cost per event £5.00

Cheques payable to ESSA North West Division

If I am selected to swim for North West Division, I confirm that I will agree to compete in the ESSA National Championships at Liverpool on 30th June/1st July 2012

If selected I would prefer to swim inevents but I understand that the final decision will be made by the selectors.

Signature of Swimmer.....

Please return entry forms to the above address or by email. Entries only accepted on receipt on entry fee