

LSSA PRIMARY BOYS AND GIRLS CHAMPIONSHIPS

2010 REGULATIONS

1. All competitors must be in attendance at a school affiliated to THE LONDON SCHOOLS' SWIMMING ASSOCIATION.
2. All competitors must be properly entered by and through that school.
3. All competitors' costumes and trunks must conform to ASA Laws.
4. There will be ONE AGE GROUP for all events - nine and under twelve years except for Events No 19-22. To be eligible competitors must have been born between 01.09.97 and 31.08.00. (School Years 4 -6)
5. There will be a Freestyle Relay Event (No 19-22) for swimmers aged ten and under eleven. This will be counted in the points and is open to children who are NOT swimming in events No 11-18. To be eligible competitors must be born between 01.09.98 and 31.08.00. (School Year 4/5)
6. Entry forms must be returned to:

Jackie Bedford
JAPS,
East Dulwich Grove,
Dulwich,
London. SE22 8TE

on or before

FRIDAY 23 APRIL 2010

If there are any problems please telephone Jackie on 020 8693 0374 or Email: Jackie.bedford@jags.org.uk

7. a) Each school may enter TWO competitors for any individual event.
b) Each school may enter ONE team in any team event.
c) A competitor may enter ONE individual and TWO team event.
d) A school entering Event No 19 -22 may not also enter Events No 11 - 18.
e) Substitutes are allowed. Team Managers must follow the correct procedure **PRIOR** to the gala. A substitution form must be completed and it is the Team Manager's responsibility to see that the programme is amended on arrival. Failure to do so will result in disqualification.

8. MIXED SCHOOLS - Restricted to mixed schools with more than 25 pupils in Year 4, more than 25 pupils in Year 5 and more than 25 pupils in Year 6. Mixed teams may consist of 4 boys or girls or any combination of both
9. SMALL SCHOOLS -Restricted to JM Schools with no more than 25 pupils in Year 4, no more than 25 pupils in Year 5 and no more than 25 pupils in Year 6 . Mixed teams may consist of 4 boys or girls or any combination of both.
10. There will be a 5minute warm up.
11. All competitors must be accompanied by the "Teacher in Charge" who is responsible for his or her pupils at all times. Responsibility starts from the point of assembly to the time of departure at an agreed point of dispersal.
12. The attention of ALL TEACHERS is drawn to the following:-
ALL COMPETITORS must be competent to swim 100m. Headteachers signing the entry form also certify that their competitors are fully capable of fulfilling the conditions of that event.

Children under 9 years of age on 10th June 2010 are not allowed to compete.

13. ALL FINALISTS will be notified through their school by **Friday 21 May 2010**
14. Trophies will be awarded to the boys' school, for the girls' school, to the mixed school and the small schools whose swimmers have gained the most points.
15. Each swimmer who competes and is not disqualified will be awarded one point.
Finalists will gain extra points:

6 th	-	2 points
5 th	-	3 points
Up to 1 st	-	7 points

Relay teams will be awarded double points.
Medals will be awarded to the first six swimmers.
16. In the individual events, the 12 fastest swimmers from the heats will swim in the semi - finals. The six fastest swimmers from the semi – finals will then compete in the final. In the relay events, the 12 fastest teams from the heats will swim in the final. Each relay final will consist of two heats with the final places being determined from the times from both semi – finals.
17. Each school must have two members of staff, one of whom must be “Teacher in Charge” and one other to assist with the smooth running of the gala. Jobs to be appointed on the day.