

ISF 2009 Results Doha, Qatar

World School Games 2009, 5th – 13th December.

Team assembled at Heathrow Hotel on the Saturday evening for a 5.00am start on the Sunday morning, this gave the opportunity for the Team Staff and Swimmers to meet before the trip and get to know each other before the start of the competition. We flew by Qatar Air which was quite a pleasant experience seated as a group all having as many films/shows as you could hope to try to watch during the 7 – 8 hour flight. Having left the hotel in the dark we arrived to darkness at the airport in Doha even though warm compared to what was left behind. The first stop was the Hotel which was to house all 2000 competitors and staff where bags were dropped and straight to the pool to swim out the journey.

The pool complex was a most impressive place having 2 10 lane 50 meter pools 2 25m diving pits as well as a teaching pool. There was a 3rd 50m pool 400 yards away in the complex where the Gymnastics was taking place on the indoor athletics track.

Monday was a training/meeting day and the opening ceremony in the evening which was held in the indoor football pitch(full size).

The competition was spread over 4 days, Tues, Wed, Fri, Sat leaving Thursday for the enjoyment of camel racing watched from the coach which followed the camels round the track. Seeing there were approx 50 coaches all doing this at the same time it was a different experience for us all.

The standard of competition had moved on vastly since the last games in 2006 making it very tough to medal although many made A and B finals and on the whole were producing best times or very close to. The B finals were a very good introduction giving many the opportunity of a second swim and the chance to improve on the morning swims. It was a great achievement to win 2 Gold medals both in ISF record times on the first day of the competition the one for Achieng being an African record and the 12th fastest time in the World to date. All other results with places etc are detailed below.

Over the week the team became a good working unit with the penultimate final of the competition giving the greatest excitement and heart ache for us all. The girls 4x100 Medley team improved their heat time by over 10 seconds to just touch out Poland by hundredths of a second on to be disqualified on a take over / pad not operating correctly with an official who couldn't see past the FINA hand book.

The swimmers made comments about different aspects of the week, wonderful pools, pleasant weather, strong competition, different food, comfortable accommodation, good company but were disappointed to have no commemorative souvenir to take back home with them. I do believe there are now certificates to go out to them better late than never.

I would like to thank the team staff, Fran Lindsey, Trevor and Nick for all their help and co – operation during the course of the week where much coffee was drunk. It was certainly useful to have the full tally of Team staff plus the expertise of a team Doctor and Physio the Australians being especially grateful for the use of Nick Turner.

Thanks too to the ESSA for giving us all the opportunity of gaining this valuable experience.

Tim Hartley

Head Coach.

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= improvement on entry times which were taken from rankings in October 2009.

Day 1 Tuesday

Girls 50 Breast	Acheing Bushell	31.40	A Final	30.73 # 1 st	record
	Avril Kiritschenko	33.58	A Final	33.15 # 7 th	
Boys 50 Breast	Joseph Parker	31.41 # 21 st			
	Tristan Slater	31.39 # 20 th			
Girls 200 Back	Ellis Jackson	2.19.03	A Final	2.19.33	6 th
	Kathryn Willis	2.17.64	A Final	2.20.17	8 th
Boys 200 Back	David Gregory	2.03.80	A Final	2.02.20 # 1 st	record
	Grant Halsall	2.05.99	A Final	2.05.13	4 th
Girls 200 Fly	Kirsty Harkness	2.20.23	B Final	2.18.74	2 nd B Final
	Laura Dawson	2.19.27 #	A Final	2.23.47	8 th
Boys 200 Fly	Cameron Brodie	2.06.37	B Final	2.04.61	2 nd B Final
	Tom Kennedy	2.07.01	B Final	2.05.83	3 rd B Final
Girls 100 Free	Sophie Smith	58.16	A Final	57.67	7 th
	Acheing Bushell	58.29	B Final	58.77	7 th B Final
Boys 100 Free	James Burden	52.47	B Final	52.75	6 th B Final
	Tsubasa Nakagawa	53.00	19 th		

Day 2 Wednesday

Girls 400 Free	Sian Morgan	4.21.29	A Final	4.18.71 #	6 th
	Kayleigh Dawson	4.25.01	B Final	4.21.47	2 nd B Final
Boys 400 Free	James Young	4.10.53	19 th		
	Joshua Crowther	4.16.20	27 th		
Girls 50 Back	Alex Hooper	30.33	B Final	29.71	1 st B Final
	Kathryn Willis	31.05	17 th		

Boys 50 Back	Grant Halsall	27.69 B Final	27.67 5 th B Final
	Joshua Crowther	28.55 20th	
Girls 200 Breast	Avril Kiritschenko	2.41.14 B Final	2.39.57 5 th B Final
	Emma Wilson	2.52.02 20th	
Boys 200 Breast	Tristan Slater	2.23.53 B Final	2.22.70 5 th B Final
	Joseph Parker	2.23.19 B Final	2.21.29 4 th B Final
Girls 50 Fly	Sophie Smith	29.08 B Final	28.93 # 4 th B Final
	Laura Dawson	28.78 B Final	28.96 6 th B Final
Boys 50 Fly	Steven King	25.67 B Final	25.54 # 2 nd B Final
	Grant Halsall	26.51 23rd	
Girls 200 IM	Jessica Powell	2.19.13 A Final	2.20.53 6th
	Ellis Jackson	2.21.98 B Final	2.22.26 3 rd B Final
Boys 200 IM	David Gregory	2.08.17 A Final	2.08.22 8th
	Jonathan Hill	2.13.48 20th	

Day 3 Friday

Girls 200 Free	Sian Morgan	2.05.03 B Final	2.04.02 1 st B Final
	Kayleigh Dawson	2.11.06 21st	
Boys 200 Free	James Young	1.54.81 B Final	1.52.71 # 1 st B Final
	Jonathan Hill	2.01.21 24th	
Girls 400 IM	Jessica Powell	4.57.34 A Final	4.56.61 8th
	Ellis Jackson	5.01.92 B Final	
Boys 400 IM	David Gregory	4.33.08 A Final	4.30.10 3rd
	Jonathan Hill	DNS	
Girls 100 Back	Kathryn Willis	1.04.93 B Final	1.05.90 6 th B Final
	Alex Hooper	1.04.95 B Final	1.05.57 5 th B Final
Boys 100 Back	Grant Halsall	59.52 B Final	58.38 5 th B Final
	David Gregory	59.62 17 th	

Girls 4x100 Free relay Smith, Jackson, Hooper, Bushell
 58.28 59.85 58.08 57.27 3.52.48
 Final 58.10 59.11 57.09 56.74 3.51.04 4th

Boys 4x100 Free relay Young, Nakagawa, King, Burden
 51.98 52.00 52.82 51.97 3.28.77
 Final 51.42 52.11 52.06 51.09 3.26.69 5th

Day 4 Saturday

Girls 50 Free Sophie Smith 27.45 18th
 Achieng Bushell 27.58 20th
 Boys 50 Free James Burden 23.33 A Final 23.48 3rd
 Tsubasa Nakagawa 23.93 A Final 23.78 6th
 Girls 100 Breast Avril Kiritschenko 1.13.67 B Final 1.13.09 4th B Final
 Achieng Bushell 1.15.23 19th
 Boys 100 Breast Tristan Slater 1.07.42 18th
 Joseph Parker 1.09.04 23rd
 Girls 100 Fly Laura Dawson 1.02.77 B Final DNS
 Sophie Smith 1.03.08 B Final 1.03.53 5th B Final
 Boys 100 Fly Cameron Brodie 56.28 B Final 56.35 5th B Final
 Tom Kennedy 57.78 20th
 Girls 4x100 Medley Willis, Bushell, Dawson, Hooper
 1.04.87 1.11.75 4.18.65
 1.03.83 1.06.22 1.02.98 56.65 4.08.8 DQ t/o
 Boys 4x100 Medley Halsall, Parker, King, Young
 57.61 1.07.88 55.77 51.54 3.52.80 9th

Final Tally

2 records

Medals 2 gold 2 bronze

Medal Table 8th swimming 6th overall